

Life Panorama Chart Archetype – Showing the Development of Consciousness from the Physical through the Soul to the Spirit

Different kinds of Life-Charts or Life-Overview models are used within Biography Work. This article explains how the Archetype given by Rudolf Steiner, is the source and the guiding image for the life overview suggested by Lievegoed and Burkhard, and developed as a **Life Panorama Chart** by Karl-Heinz Finke for use within **Holistic Biography Work**.
 Karl-Heinz Finke, Canberra, September 2020

The drawing below is a Board Drawing by Rudolf Steiner, published in *GA 104* (page 180 in the German GA). The phases that Steiner notes are numbered in red. The drawing illustrates Steiner’s Archetype for the development of consciousness.



Here is the same drawing in English, as published by *Rudolf Steiner Archives (RSA)*.



Here is Steiner’s drawing adapted and depicted in the form of a Life Chart. It clearly implements one of the underlying Archetypes – the development of consciousness.

Body	Soul	Spirit
(1) Physical-Body	(6) Consciousness-Soul	(9) Spirit-Human
(2) Etheric-Body	(5) Intellectual-Soul	(8) Life-Spirit
(3) Astral-Body	(4) Sentient-Soul	(7) Spirit-Self
	Self-Reflection Birth of 'I'	Awareness of Higher Self

In the Chart above, Steiner’s original drawing has been mirrored upside down to implement another underlying Archetype: **Incarnation and Excarnation**. In the centre, after the birth of the 'I', the soul-development of the individual human being is depicted. Progressing the development of consciousness, the 'I' within the Soul development integrates the experiences of the earlier life-phases or septennials, in reverse order, from *Astral-Body* to *Physical-Body*.

After the development of *Consciousness-Soul*, Spiritual capacities start to arise, building on the integration work that has already been done by the 'I' in forming the Soul.

The *Astral-Body* is integrated by the 'I' to form the *Sentient-Soul*, and then further development leads to the forming of *Spirit-Self*. For an individual, this may lead to the emerging self-realisation 'I am of Spirit Nature'. This growing awareness may drive an individual's search for meaning and nurture their sense of the spiritual realities.

Following Rudolf Steiner, further development of human consciousness leads to *Life-Spirit* when the transformative work done by the 'I' to develop *Intellectual-Soul* moves to a Spiritual level. Likewise, *Spirit-Human* will emerge building on the transformative work done by the 'I' to develop and integrate *Consciousness-Soul*.

In brief, our **Life Panorama Chart** follows Steiner’s indications and clearly depicts the development of consciousness, from the Physical through the Soul to the Spirit.