



# Living-way...

**Holistic Biography Work**  
**... bringing spirit to life**

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## Join us in 2024 for our – International Online Training Program in Holistic Biography Work

A rich, diverse study experience -

- Study Biography Work
- Reflect on personal life experience
- Apply anthroposophy in everyday life

*Affordable and accessible world-wide*

3 years of study & learning lead to the -

### **Diploma in Biographic Consultancy**

1-year Certificate in Anthroposophic Studies

2-years Certificate in Advanced Anthroposophic Studies

### **12 Courses –**

**deepen understanding & enrich self-development –**

**Year 1** – Typologies, Mental Health Challenges, Communication Skills, The Helping Conversation.

**Year 2** – Life Encounters & Relationships, Trials & Thresholds, Destiny & Karma, Destiny Learning.

**Year 3** – Mission & Meaning, Mental Health Crisis & Spiritual Emergency, Process Design, Meeting Conflict.

### **More details on our website –**

[www.holisticbiographywork.com/](http://www.holisticbiographywork.com/)

- Information about our [Training Program](#)

Each Course within the Training Program is available:

- As a stand-alone course for personal / professional development
- As a *Learning Pack* with or without online sessions
- See our [Adult Learning Section](#)

### **To Join our Training Program –**

Get started NOW with our Foundation Course Learning Pack and attend online sessions

Thu 14 – Sun 18 Sep 2023, 17:00-22:00 AEDT

Thu 25 – Sun 28 Jan 2024, 17:00-22:00 AEDT

To enrol, please email *Laura Summerfield*:  
[mail@holisticbiographywork.com](mailto:mail@holisticbiographywork.com)

### **Comments from participants –**

*‘... an empowering journey of self-discovery. It invites you to understand our life story through ... comprehensive, well-researched & creatively crafted resource materials...’*  
ES, Philippines

*‘... you not only learn about the unfolding mystery of our own life story, but how you can support other people to unfold their stories. It is a training in understanding humanness and of anthroposophy as lived experience. To study in the biography training is to enter a modern-day mystery school.’*  
Dr JG, New Zealand

*‘Contrary to my expectation, the online version of the groupwork did not hinder interaction nor impede learning, if anything it enhanced the quality of the work, we were able to do together.’*  
FM, United Kingdom

*‘The training program is a challenging course which expects ... a high level of independent preparation & the will to engage. This effort is rewarded with insights into oneself & others, and into the nature of humanity itself.’*  
MQ, Australia

*‘I have just completed the Foundation Course in Holistic Biography Work. It offered the sacred gift of looking and delving into my story as I transition into the next phase of my life. ... I saw how metamorphosis is present in all forms of life; and is also in the patterns and processes of human biographies. I decided to connect my clay sculpture forms to my biography work processes. It brought me so much joy to have a new feeling of coherence.’*  
KE, Philippines